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Coffee by Grind

Espresso, Americano £3.5

Latte, Cappuccino, Matcha Latte £4

Tea

English Breakfast, Early Grey, Peppermint, Fresh Mint, Chamomile
Green, Jasmine, Matcha, Roobios £3.5

Dirtea

Reishi, Chaga, Lion's Mane, Cordyceps £4

Alternative Milks, Oat, Soya, Coconut

Hot Chocolate £3.5

Still Water, Sparkling Water £3.5

Coconut Water £4

PRESS Cold Press Juices

Green, Hard Green, Ginger, Berry, Citrus £6

Smoothies

Greens & Avocado, Coffee & Banana, Berry & Acai £7.5

Add ons

MCT Oil, Adaptogen - Inner Beauty, Antioxidant, Vitamin C,
CBD Strong, Orange Blossom, Spirulina £1.5

Energy Booster - Pre Workout + BCAA's £1.5

Define Booster - Fat loss £1.5

Innermost Protein, Strong, Lean, Vegan £1.5

Naked Collagen Sachet £2.95

Cold Drinks

Caribbean, Apple, Citrus £3

Fix8 Kombuccha, Strawberry, Ginger £6

Trip CBD infused. Elderflower & Mint, Peach & Ginger, Lemon & Basil £6.5

Grounded Protein Shake. Chocolate, Mint Chocolate vg £3.75

Barebell Protein Shake. Chocolate, Strawberry, Banana £3.75

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Cocktails

T&T, Casamigos Reposado & TRIP CBD (Lemon Basil) £12

High Reviver, AMASS Gin, lemon, strawberry kombucha £7

Dirtea Martini, AMASS Vodka, Lion's Maine, Amaro £7

No & Lo

Pentire & Tonic, Pentire Adrift, light tonic, rosemary £7

Eastern Fizz, Pentire Seaward, cucumber, mint, lime, soda £7

Wine

Lady A, IGT Provence, France, 175ml £12, 375ml £25

Lady K, Coteaux d'Aix en Provence, France (organic) 175ml £17

Peppoli, Chianti Classico, Tuscany, Italy 175ml £12, 375ml £25

Gavi di Gavi, La Meirana Broglia, Piemonte, Italy 175ml £12, 375ml £25

Champagne, Thienot, Brut NV, 125ml £12, 375ml £25