

Soho Farmhouse Pen Yen sample menu



Smalls

Edamame, salted (230 calories) or chilli and garlic (238 calories) (plant based)

Miso soup, wakame, tofu (85 calories)

Shishito peppers, yuzu miso (plant based) (289 calories)

Fried

Vegetable tempura, ten dashi (338 calories)

Baby squid, shichimi togarashi, lime (229 calories)

Chicken tori kara-age, kombu and yuzu mayo (441 calories)

Kamikase cauliflower, sriracha (303 calories)

Prawn tempura, ten dashi (212 calories)

Buns and salads

Vegetable bao bun, edamame, squash, tofu (451 calories)

Fried chicken bao bun, szechuan jalapenos, chilli (451 calories)

Salmon bao bun, tempura, crispy chilli (340 calories)

Duck bao bun, five spice, plum soy (312 calories)

Paper thin salad, beetroot, yuzu dressing pb (346 calories)

Yellowtail tiradito, lime ponzu, orange (333 calories)

Beef tataki, ginger salsa, tosazu (131 calories)

Crispy duck, asian slaw, nashi pear, plum soy (931 calories)

Sushi and sashimi

Nigiri, salmon (101 calories) or tuna (107 calories) or sea bass (102 calories)

Sashimi, salmon (296 calories) or tuna (166 calories) or sea bass (156 calories)

Vegetable maki, shiitake, cucumber, avocado, carrot (plant based) (221 calories)

Salmon maki, avocado (443 calories)

Spicy tuna maki, cucumber, tobiko, spicy mayo (395 calories)

Yellowtail maki, wasabi, tobiko (344kcal)

Ebi ten maki, deep fried prawns, sriracha (694 calories)

Robata, wood oven

Aubergine, sweet orange miso (plant based) (441 calories)

Pork ribs, garlic, ginger (1036 calories)

Wood oven chicken, spicy den miso (1539 calories)

Grilled wild seabass, yuzu kosho, ponzu (269 calories)

Kamo miso yaki, miso marinated duck leg (996 calories)

Black cod, saikyo (653 calories)

Beef fillet, gyu dare (469 calories)

Rice and vegetables

Steamed rice (plant based) (438 calories)

Garden greens, shiitake, moro miso (plant based) (140 calories)

Kimchi (plant based) (181 calories)

Egg fried rice (494 calories)

Kimchi fried rice (513 calories)

Vegetable yakisoba (plant based) (305 calories)

Please let us know if you have any allergies or dietary requirements, our dishes are made here and may contain trace ingredients.

All above prices are inclusive of VAT.. pb = plant based, v = vegetarian