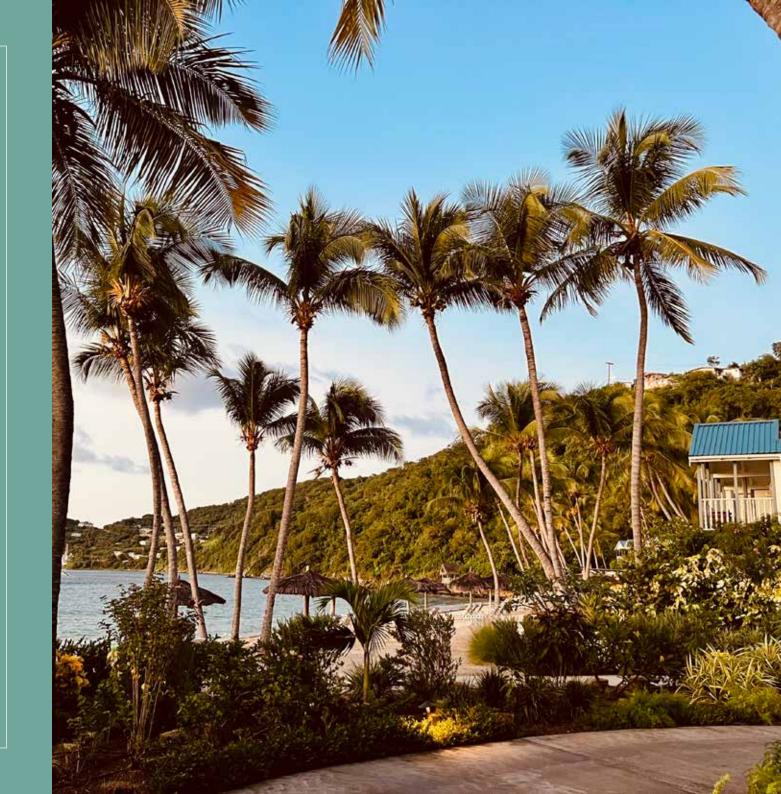


# CANOUAN EXPERIENCE GUIDE

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# SOHO BEACH HOUSE CANOUAN EXPERIENCE

On the secluded island of Canouan, part of Saint Vincent and the Grenadines, the first Soho House in the Caribbean is set on the idyllic beaches of Grand Bay. Our soft sandy beaches meet the deep alluring waters of the calm turquoise Caribbean Sea.

The House occupies a former hotel that has been reimagined by Soho House Design; inspired by its surroundings, using locally sourced materials, the House is set across three existing buildings and converted palapas that are just a few steps from the sea.

Arrive by boat to the original wooden jetty onto the island, just a short walk to the reception in a palapa made from chiqui chiqui grass, with high ceilings and a woven roof. Unplug from your everyday lives and be at one with nature, where our team is waiting to deliver an unforgettable home away from home experience specially catered for you.

# ABOUT THE HOUSE

40 bedrooms, 3 bars, a restaurant, a boutique, a deli, and a Health Club, that hosts visiting wellness specialists as well as a Cowshed Spa pop-up.



# **BEDROOMS**

40 bedrooms ranging from Small to Medium+ -- all are offering spectacular views of the ocean and sun setting while enjoying a refreshing House Tonic on your balcony or patio with beach access.



#### SMALL BEDROOMS

32 in total, approx. 377 sq. ft

Our Small rooms are a cozy home base for one or two people, including an emperor size bed (or two twin beds on request), free Wi-Fi, a minibar, a walk-in shower, and a balcony with ocean views or a walk-out directly to the beach.





## BOUTIQUE & DELI

The Store offers a selection of Soho Home items, Cowshed products, and local crafts, including some of our favourite beach wear and accessories. The Deli offers a selection of wine, picnic packages, soft serve ice cream, sundries and a variety of homemade smoothies with local ingredients



## HEALTH CLUB

At the Health Club fitness center, we offer private and group workout classes for our members. The space has Technogym machines, yoga studios, consultation and a breakout room. Select classes are complimentary and can be booked in advance through reception.

Cowshed Spa pop-up offers body and foot massages to relax, unwind and recover either outdoor.



# CANOUAN

#### TREATMENT MENU

BODY

### CBD MASSAGE

60MIN - \$165

Our signature massage using Medicinal's essential CBD oil to deeply soothe, calm and melt away tension.

#### COWSHED SIGNATURE MASSAGE 30MIN - \$80 | 45MIN - \$110 | 60MIN - \$150 | 90MIN - \$195

A bespoke massage using one of our seven signature moods.

#### DEEP TISSUE MASSAGE 30MIN - \$120 | 60MIN - \$165 | 90MIN - \$205

A firm pressure massage to release built-up tension and tightness held deep within your muscles.

FOOT MASSAGE 30MIN - \$70 | 60MIN - \$90

Restorative and calming foot massage promoting deep relaxation of the body.

#### SOHOHOUSE.COM



# **CULINARY**

## PALAPA AND TERRACE

Serving local Caribbean fare on the wood-fired grill, paired with Soho House favourites from around the world. Breakfast, lunch and dinner are all served at the Palapa and Terrace. Service starts at 8 am and continues until the last member leaves!







# **CULINARY**

## BEACH BAR

Strategically located in the middle of beachfront, the Beach Bar features a condensed version of the Palapa's dining menu, with a mixture of salads, sandwiches, snacks, wine, local beer, and frozen and fresh cocktails.





BREAKFAST	N N	COFFEE
PAPAYA honey, lime v		ESPRESSO
FRUIT PLATE pb		MACCHIATO
BIRCHER MUESLI overnight oat, passion fruit pb		CORTADO
AÇAÍ BOWL granola, banana, coconut pb		AMERICANO
BUTTERMILK PANCAKES blueberry, maple syrup v		CAPPUCCINO

#### E G G S

EGGS ANY STYLE toast v

BEACH BREAKFAST PLATE soft boiled eggs, fresh tomato, cucumber, greens, toast v | ADD SMOKED SALMON +10 BURRITO scrambled eggs, cheddar, beans, scallion, cilantro | ADD BACON +4 SMOKED SALMON scrambled eggs, sourdough

#### SIDES

HOUSEMADE TOAST white or wheat FRESH TOMATO | SPINACH HASHBROWNS | BANANA FRITTERS BACON | PORK SAUSAGE | SMOKED SALMON

### PASTRIES

CROISSANT PAIN AU CHOCOLATE | PINEAPPLE DANISH | BANANA BREAD

#### SMOOTHIES

GREEN pb

TROPICAL pb

v - vegetarian | pb - plant based There is a discretionary 10.0 percent service charge added to your bill. All above prices are in US Dollars and inclusive of VAT. Please let us know if you have any allergies or dietary requirements, our dishes are made here and may contain trace ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. LATTE

# T E A S EARL GREY | ENGLISH BREAKFAST | MATCHA

JASMINE | DAILY GREEN | GINGER | ROOBIOS CHAMOMILE | MUSHROOM HERO | FRESH MINT

## JUICE FRESH COCONUT ORANGE GRAPEFRUIT PINEAPPLE FRESH JUICE OF THE DAY

#### SMALLS

DIP crudités, flat bread ROAST RED PEPPER bagna càuda dressing LOADED POTATO WEDGES mayo, sweet soy sauce, Asian spice, spring onion, nori pb CORN FRITTERS, sweet chilli, ginger garlic dipping pb TFC CAULIFLOWER or CHICKEN pb hot sauce CONCH FRITTERS spicy aioli FRIED CALAMARI lemon and tartare sauce SAMOOSAS sweet chilli sauce fish, beef or vegetable ARTICHOKES olives, red pepper, olive oil marinade GAME FISH SKEWERS chipotle mayo, nachos crumble, tomato salsa SMOKED BARRACUDA SPREAD flatbread PRAWN DUMPLINGS soy sauce, spring onion, nori

#### STARTERS

CHILLED SOUP OF THE DAY v BARRACUDA CRUDO lime, cilantro, spring onion, coconut sauce TUNA CEVICHE pineapple salsa, samosa wafers, spicy mayo PARMA HAM melon, arugula

#### SALADS

GRILLED AUBERGINE roast tomato, basil, yoghurt dressing v PUMPKIN quinoa, kale, feta cheese, pumpkin seeds CAESARS SALAD romaine lettuce, parmesan, croutons, hen's egg, Caesars dressing v | ADD CHICKEN +10 TUNA SALAD tomato, cucumber, olives, arugula, basil, parmesan cheese, croutons

#### FROM THE GRILL

Served with a selection of two sides CATCH OF THE DAY ask waiter for daily selection CAULIFLOWER TUNA JERK CHICKEN SNAPPER

#### ENTREES

CANOUAN CURRY yam, pork loin or barracuda with fragrant rice and roti pb, yam HOUSE BURGER beef, crumbed fish or chicken, cheddar, tomato, lettuce, pickles, fries RIGATONI beef bolognaise, parmesan PORK SCHNITZEL buttered mash, spinach, lemon SHRIMP spaghetti, cherry tomatoes, chilli flakes, olive oil PRIME RIB STEAK béarnaise sauce. fries

#### WOOD-FIRED PIZZA

BUFFALO MOZZARELLA tomato, basil SPICY SALAMI mushroom, tomato, mozzarella EGGPLANT peppers, mozzarella, parmesan, basil v PLANT BASED SAUSAGE artichoke, mushroom, tomato, basil pb PARMA HAM mozzarella, cherry tomato, arugula

#### SIDES

FRENCH FRIES | GREEN SALAD | GRILLED VEGGIES | PLANTAIN FRITTERS CORN ON THE COB | COCONUT RICE | QUINOA | TOMATO SALAD

There is a discretionary 10.0 percent service charge added to your bill. All above prices are in US Dollars and inclusive of VAE. Prease let us know if you have any allergies or dietary requirements, our dishes are made here and may contain trace ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness v - vegetarian | pb = plant based

#### HOUSE TONICS

N

SOHO MULE amass vodka, ginger, lime soda EASTERN STANDARD bombay sapphire or amass,cucumber, mint, lime PICANTE DE LA CASA reposado tequila, lime, chili, agave

#### HOUSE SPECIALS

OLD CUBAN captain bligh rum, lime, mint, angostura, champagne ISLAND NEGRONI rum, vermouth, campari, rose COSMOPOLITAN amass vodka, cointreau cranberry

#### HOUSE BALLOON

AMERICANO campari, sweet vermouth, soda APEROL SPRITZ Aperol, soda, Prosecco G&T Bombay Sapphire gin, Double Dutch tonic, rosemary PALOMA Patrón Reposado Tequila, Two Keys, grapefruit soda, lime, salt HOUSE COOLER Amass vodka and gin, Bacardí coconut, cointreau, Double Dutch cucumber soda

#### WHITE WINES

VERMENTINO Calasole 2019. Rocca di Montemassi. Tuscany. It MAISON VINCENT Languedoc. Fr SAUVIGNON BLANC Petit Clos 2018. Clos Henri, Marlborough. NZ CHARDONNAY 2018. Creation. Cape South Coast. SA PETIT CHABLIS Dame Nature 2019. La Chablisienne. Burgundy. Fr GAVI DI GAVI Cantine 2019. Volpi. Piedmonte. It RIESLING Kirchberg Grand Cru Lorentz 2020. Alsace. Fr CHARDONNAY 2018 Frank Family Vineyards. California. USA SANCERRE Les Baronnes 2019. Henri Bourgeois. Loire. Fr CHABLIS IER Cru Les Vaillons 2017. William Fevre. Burgundy. Fr VISTAMARE 2019 Ca' Marcanda. Tuscany. It

#### RED WINES

NERO D'AVOLA Principi di Butera. Sicily. It CLOS DE LOS SIETE 2019. Mendoza, Argentina BORDEAUX 2016 Chateau Roc de Becot Puisseguin-St Emilion, Fr TENACITY OLD VINE SHIRAZ 2019. McLaren Vale, Australia ROSSO DI MONTALCINO 2018. Argiano, Sangiovese, Tuscany It TORRES CELESTE CRIANZA 2019. Ribere del Duero, Spain PINOT NOIR Petit Clos 2019. Clos Henri, Marlborough, Nz CHIANTI 2016. Carpinento, Sangiovese, Tuscany, It CABERNET SAUVIGNON ARTEMIS 2017. STAG'S LEAP CALIFORNIA, USA BRUNELLO DI MONTALCINO PIAN DELLE VIGNE ANTINORI, TUSCANY, IT TIGNANELLO 2011. MARCHESI ANTINORI, TUSCANY, IT SASSICAIA 2017. TENUTA SAN GUIDO, TUSCANY, IT OPUS ONE CALIFORNIA, USA

#### SPARKLING

PROSECCO Zonin Extra Brut, Valdobbiadene, It LAURENT PERRIER Brut, Reims .Fr LOUIS ROEDERER 2014 Brut Rosé, Reims, Fr DOM PERIGNON 2010, Champagne, Fr DOM PERIGNON Brut Rosé 2005, Champagne, Fr

#### ROSE

MAISON VINCENT Languedoc. Fr LADY A 2019. Provence. Fr (org) LADY K 2020. Provence. Fr WHISPERING ANGEL 2021 Provence. Fr

## CULINARY EXPERIENCES

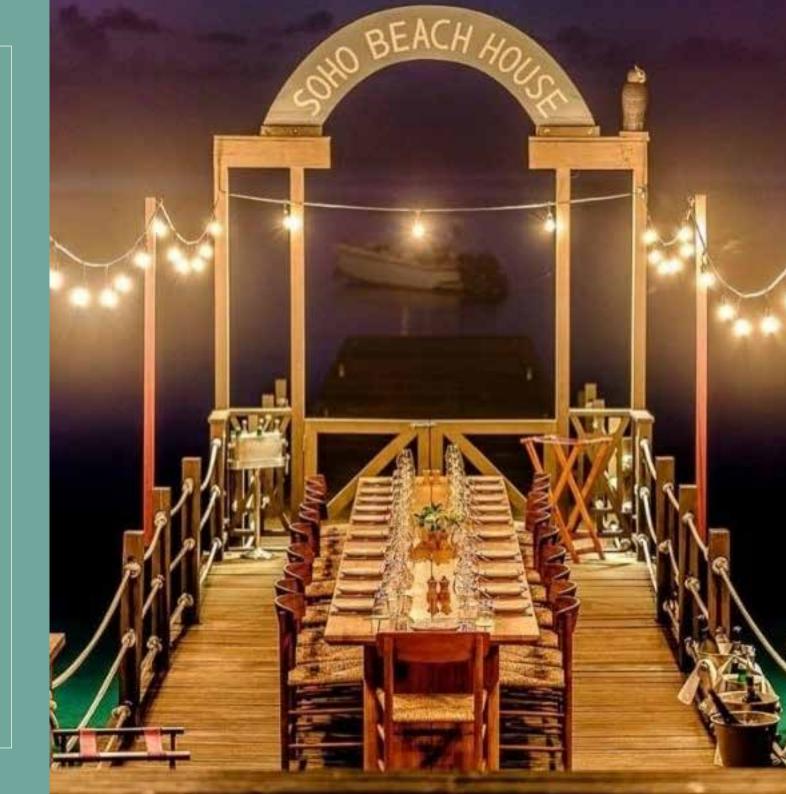
### OMAKASE: A NIGHT OF "CHEF, I'LL LEAVE IT UP TO YOU!"

Whether it is the Japanese-inspired Omakase Grill experience at our Terrace Bar or enjoying a handmade menu by our Executive Chef at our unique jetty dinner setup and gazing up at sunset clouds - get ready for your palates to be dazzled at the SHBC with freshest local ingredients of the SVG!



### PRIVATE BEACH OR JETTY DINNER

Dine under the stars and above the sea and celebrate that special occasion with your loved ones. Make the moment memorable with your own personal server and experience the dinner of a lifetime.





#### CANOUAN COOK-UP!

Join our experienced chefs for fun in the kitchen and enjoy learning the foundations of cooking. Children will enjoy create and decorating giant cookies, brownies, and smoothies while teens (and adults!) can learn the art of pasta, bread, cookie, ice cream, and pizza making!

### RUM PUNCH MAKING, PIRATES OF THE CARIBBEAN STYLE

Join our master mixologist in the Bar as he creates unique, handcrafted cocktails. Incorporating several locally sourced ingredients and homemade syrups, A mixologist will guide you through the process of creating bespoke creations tailored to your palette.



#### SOHO SATURDAYS

The music goes louder, local DJs take their turn the famous Soho Beach House Canouan pizzas and house drinks are featured on specials! This the perfect time to celebrate the weekend and get together at the house. Meet us at the Terrace Bar every Saturday from 5-7pm to socialize and celebrate!



### CANOUAN BRUNCH CLUB

The last month of every Sunday, House invites our members and their select guests from all the other islands in St. Vincent and the Grenadines. It is all about embracing the end of the week with a fascinating opportunity to network, socialize and have fun! Of course, with mimosas or bloody many upon arrival. If not served family style, home-made croissants and danishes, continental cold spread, hot dishes topped with locally sourced tropical fruits, fresh pastries and tropical fruits are available on the buffet.



# TO DO AT THE HOUSE

#### WEEKLY ACTIVITIES CALENDAR

Once at the House, our ever changing weekly activities calendar will feature, Sunset Yoga on the Jetty, S'mores & Beach Bonfire Night, Open Air Movie Night, House Tonic and Rum Classes, The Voice Canouan - Karaoke Night and many more activities!

#### NON-MOTORIZED WATER SPORTS

Aside from guided snorkeling, kayak and SUP tours in the Grand Bay, enjoying non motorized water sports are <u>com</u>plimentary at the house.





## Schedule of Daily Experiences

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9.00am to 10.00am	9.30am to 12.30pm	9.00am to 10.00am	9.00am to 10.30am	9.00am to 10.00am	9.00am to 10.00am	9.00am to 10.00am
*Guided Morning Hike: Mount Royal Reception	*∇Scuba Diving Reception	Guided SUP and Kayak in Grand Bay Activities Hut	*Morning Town Walk Reception	Guided Snorkeling in Grand Bay Activities Hut	*Guided Morning Hike: Mount Royal Reception	Guided SUP and Kayak in Grand Bay Activities Hut
10.00am to 11.00am	10.00am to 11.00am	10.00am to 11.00am	10.00am to 11.00am	10.00am to 11.00am	10.00am to 11.00am	10.00am to 11.00am
Morning Yoga Class Studio 1	Morning Yoga Class Studio 1	Morning Yoga Class Studio 1	Morning Yoga Class Studio 1	Morning Yoga Class Studio 1	Beach Games Activities Hut	Morning Yoga Class Studio 1
1.00pm to 2.00pm	2.00pm to 3.00pm	2.00pm to 3.00pm	2.00pm to 3.00pm	2.00pm to 3.00pm	2.00pm to 3.00pm	2.00pm to 3.00pm
Cowshed: Fifteen-tease	Cowshed: Fifteen-tease	Beach Games Activities Hut	Cowshed: Fifteen-tease	Cowshed: Fifteen-tease	Cowshed: Fifteen-tease	Coconut Husking Activities Hut
Pop-up	Pop-up		Pop-up	Pop-up	Pop-up	
2.00pm to 3.00pm		4.30pm to 5.30pm	Pop-up 4.30pm to 5.30pm	Pop-up 2.00pm to 3.00pm		4.30pm to 5.30pm
	Pop-up	4.30pm to 5.30pm Yin/Restore Yoga Studio 1			Pop-up	4.30pm to 5.30pm *House Tonics: Mixology Class Terrace Bar
2.00pm to 3.00pm Beach Games	Pop-up 3.00pm to 4.00pm Eco-Beach Golf	Yin/Restore Yoga	4.30pm to 5.30pm Vinyasa Yoga	2.00pm to 3.00pm Beach Games	Pop-up 4.30pm to 5.30pm Backgammon Games	*House Tonics: Mixology Class

Requires 24-hour advance booking at the reception

Third-party excursion, 24-hour advance booking applies

The schedule is subject to change

Please arrive at least 10 minutes before the scheduled start time as a courtesy to other guests. To be respectful to other guests, you may not be allowed to join a class. All activities, unless specified private, are delivered with a group dynamic in mind.

For excursion and watersports activities, participants must be 16 years and older or accompanied by their parent/guardian

Please be aware that this schedule is subject to change at short notice.



CANOUAN

SOHO BEACH HOUSE

## TO DO WHEN IN CANOUAN

#### HIKE MOUNT ROYAL

Take a good look at the sunrise from the highest point on Canouan.
Take a guided tour to the highest point on the island, towering at (877 feet) above sea level is Mt. Royal.
The trail takes you up a steep single track about 20 - 30 minutes through a winding thick forest. We assure you it is rewarding at the summit, you get stunning views of Mustique to the north and Mayreau, Tobago Cays and Union Island immediately to the south, on a clear day you can see the peaks of Grenada.





#### GOLF

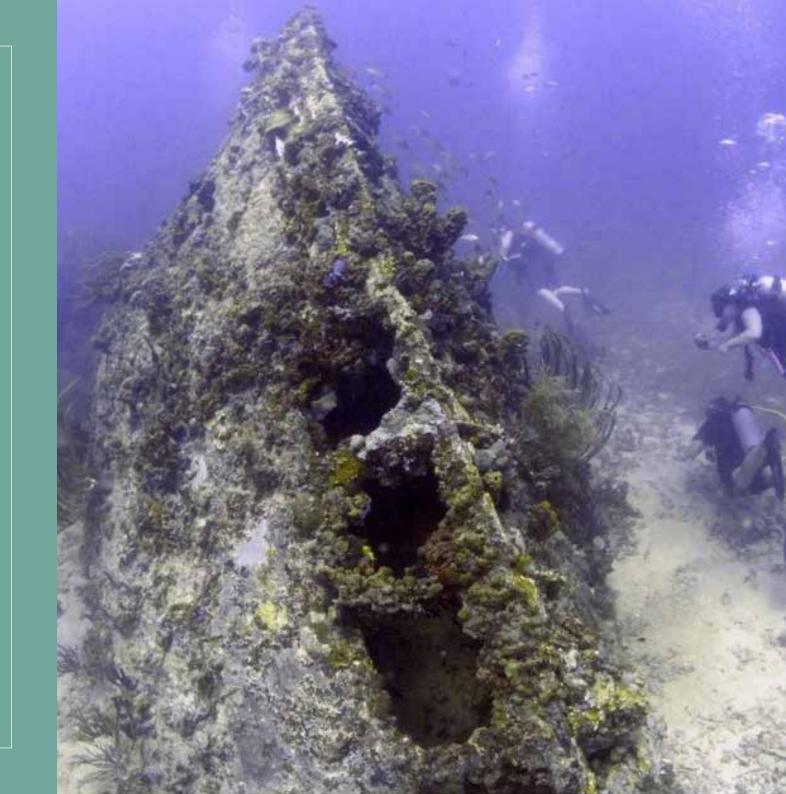
Tee time where the Atlantic Ocean meets the Caribbean Sea Exhilarating and challenging 72-Par Jim Fazio designed 18-hole golf course is located on dramatic sloping hills skirting the oceans edge. A hundred and fifty undulating acres with breath taking views from every angle, it is truly every world class golfer's dream.

Holes 12, 13, 14 and 15 are undoubtedly the most scenic holes on the course and the most challenging. They sit on the top of a ridge and have a spectacular view of the neighboring Grenadine islands. Hole 16 features one of the longest par-3's in the world at 305 yards. The breeze at the top of the ridge adds to the challenge, but makes these holes the most sensational on the course.



### SCUBA DIVE

Explore the best dive site in the Caribbean, where the Purini Wreck is home to all sorts of tropical marine life. Dive to about 40 feet and discover World War British ship that sank in 1918.



### 18TH CENTURY ANGLICAN CHURCH TOUR AND TOWNWALK - 8K

Take a guided walk through the iconic Anglican Church in Canouan. This majestic building was the only one which survived the tragic hurricane in 1924. Travel through the grounds of this historical landmark where the bricks were brought in from England to create this masterpiece..



#### TENNIS

Hit the ball at the tennis courts of Canouan Estates. The tennis center offers three Astra-Turf tennis courts also lit for night play complete with a pro-shop, rental equipment and resident tennis professional during select months of the year.



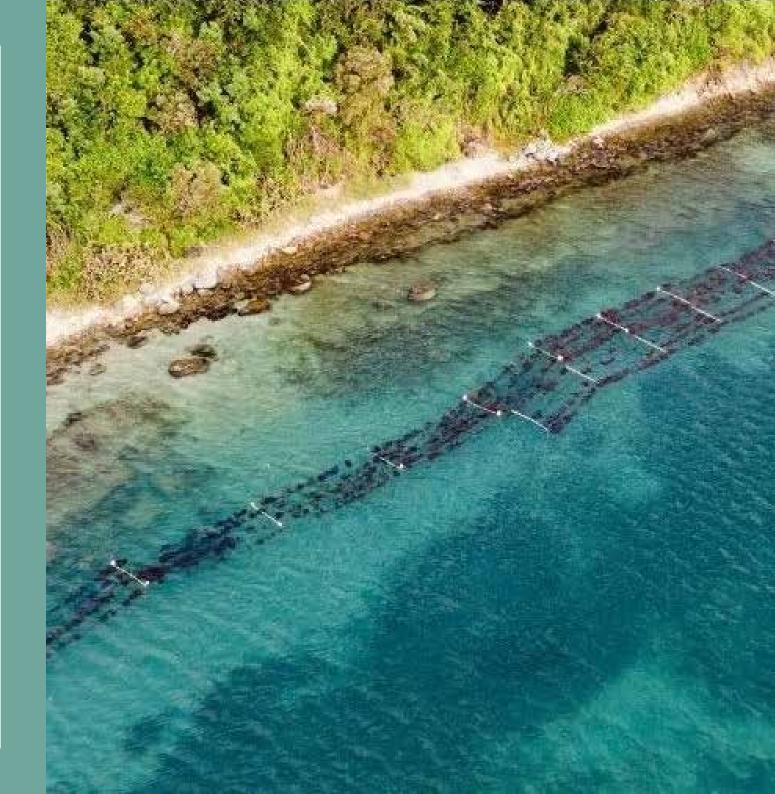
## CANOUAN DRIVE AND BIKE AROUND

Let our local team member take you on an introductory trip around Canouan This is an opportunity to capture your holiday memories at various scenic viewpoints of the island along with our Driver while gaining a bit of history about the island.



### SEA MOSS: THE GOLD SUPER FOOD

An immune boosting, skin healing, and digestive aid, but unlike most declared superfoods, sea moss works and has been consumed for centuries. Take a raft from our jetty to the newly established Sea Moss Farm and tour the harvesting process.



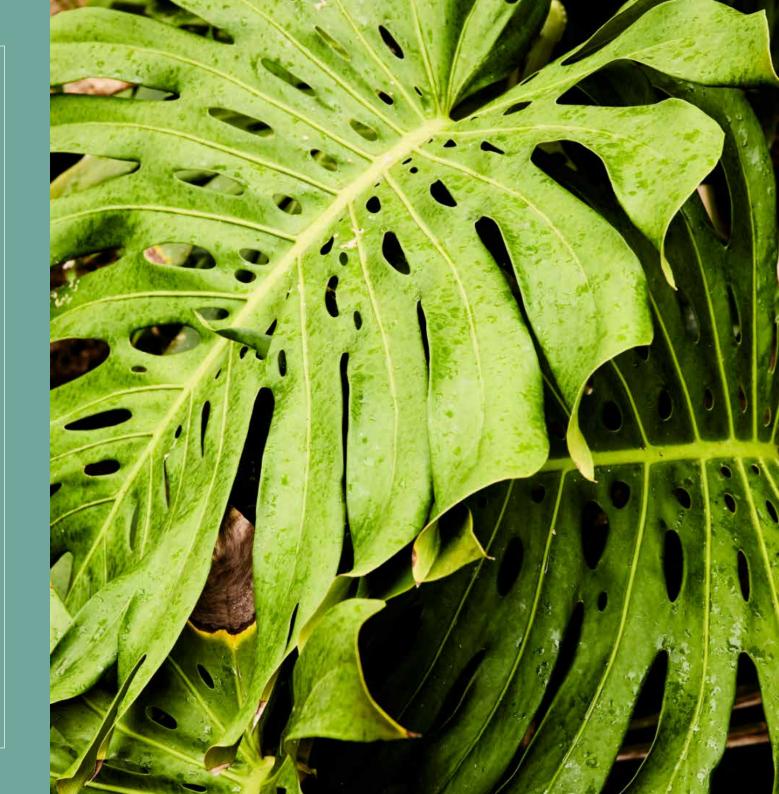
## **DINING IN CANOUAN**

### TIDES BAR + GRILL MANDARIN ORIENTAL

Fashioned after an elegantly casual residential lounge, TIDES BAR + GRILL's dining room showcases serene ocean views, and when weather permits, the terrace welcomes guests with al fresco dining under the stars. Asianne - Mandarin Oriental East meets West at Asianne, a Pan-Asian gem featuring the richly textured flavors of Indonesia and Thailand combined with unique Caribbean twists.

#### SHELL BEACH & L'ANCE GUYAC -CANOUAN ESTATE

Both restaurants offer an open air dining on pristine white sand beaches, Caribbean inspirited cuisine prepare to international standards.



### LAGOON CAFE -MANDARIN ORIENTAL

This elegant beach house style bar and restaurant enjoys a stunning alfresco setting overlooking the Atlantic Ocean. With a menu inspired by the sea surrounding Santorini, Sardinia and Larache, Lagoon serves wonderful Mediterranean influenced seafood and tapas.

#### SHENANIGANS -SANDY LANE EXPERIENCE

An international quality dining experience at our relaxed restaurant and beach club - Shenanigans, which is graced by a southern aspect and located directly on the coral white sand beach, while exposed to truly breath-taking panoramic views of the southernmost Grenadine Islands.

#### FOXYJAC'S -SANDYLANE

It offers a more formal dining experience, delivering the finest cuisine and beverages from around the world overlooking the marina. Join a local BBQ and fun at the Scruffy's - Sandy Lane Scruffy's is a secluded outdoor dining restaurant and bar; offering an international and local cuisine.



## OCEAN HEIGHTS

Nestled on the hillside overlooking Grand Bay, this locally operated gem offers homemade food and filling portions.

### SEA GRAPES BEACH CLUB CENTRALLY

Located on the beach of Grand Bay, this family-operated local hangout spot offers local dishes, finger foods to wash down with a Hairoun beer on a hot day.



# LOCAL GUIDE

## THE BALANCE DISTRICT

Local jerk chicken stands, bars, and music in the streets. Nightlife on weekends.

#### CAPT. PHIL'S COFFEE & CROSSFIT

A coffee shop just outside the hotel for a local espresso, cappuccino, sandwiches, and more. It also features an outdoor cross fit gym.

#### SANDY LANE YACHT CLUB

Canouan's marina features shopping, dining and bars: Shenanigans, Foxy Jacks, Scruffy's, and The Bakery.



## EZRA'S RUM SHACK

Stroll down the beach from Soho Beach House Canouan for a Sunset Rum Punch and Hairoun.

### CANOUAN LOCAL MARKET

Local spices, vegetables and fruits are just ashort walk from The House.

### FLAG SHOP

Locally owned convenience store for quick grab-and-go items.



## TO DO WHEN IN THE GRENADINES

#### EXCURSIONS

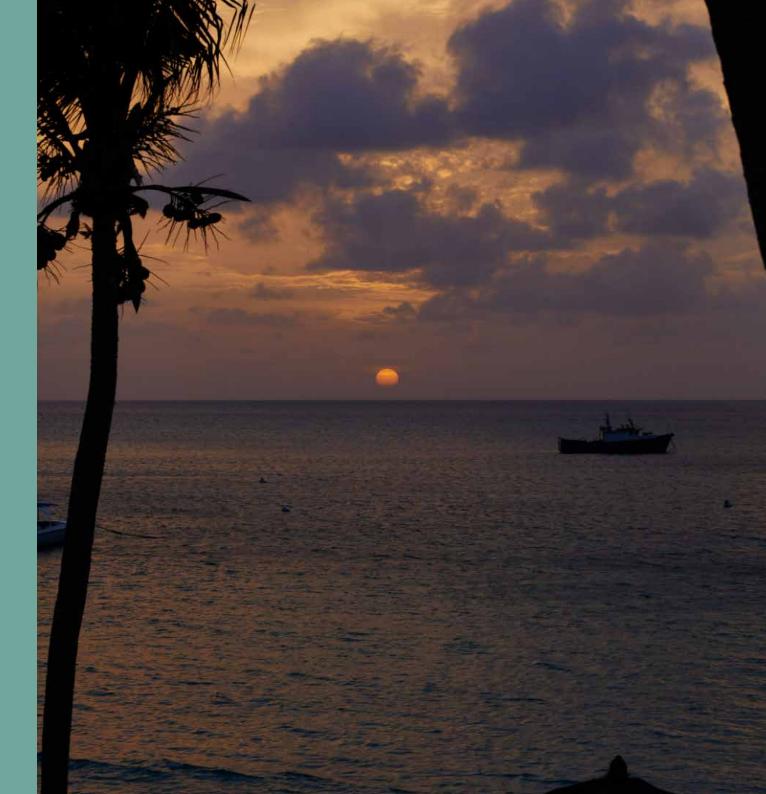
Book boat tours through Reception for yachts, catamarans and speed boats for full or half-day trips.

#### TOBAGO CAYS AND MAYREAU

The breathtaking Tobago Cays area comprises four uninhabited islands protected by the world-famous 'horseshoe reef'. Tobago Cays are a National Marine Park of St Vincent and the Grenadines. Only accessible by boat, these islands are a must-see when visiting the Grenadines, offering superb snorkelling with turtles, plus stretches of white beaches.

#### NORTHERN GRENADINES, BEQUIA OR MUSTIQUE

Take a full-day cruise by boat to the Northern Grenadines, to the island of Bequia and/ or Mustique. Bequia is home to around 5,000 residents worldwide and has a bustling waterfront community with local craft markets and restaurants. Visit the famous turtle sanctuary or take an island tour.



### SOUTHERN GRENADINES, UNION ISLAND OR PETIT ST VINCENT

The Southern Grenadines boasts some of the clearest water in the Caribbean, with great visibility. Beyond Canouan are the Tobago Cays, Mayreau, Union Island and Petit St Vincent on the border with Grenada.

Explore the coves, beaches, and harbours. Be sure to check out Sparrow's Beach Club on Union Island or enjoy a drink at Happy Island, a unique man-made location built from conch shells and a great spot to watch kite surfers.



#### IT'S A BEK-WAY, GET-AWAY!

Day or Night Trip to one of the jewels of the Grenadines; Bequia Hop over to our largest island in the Grenadines and make your first stop at Grenadine Salt, where natural solar evaporated, and locally harvested wild sea salt is created using the pristine waters of Bequia. Move onto its neighbour, Firefly Plantation, where you can enjoy a fun guided plantation tour and see the historical 280-year Sugar Mill full of exotic crops. Make your own juice from freshly squeezed sugar cane before moving on to your third stop. Bequia Beach Hotel is family owned and renowned for its ambience, and vintage island style is the perfect final destination to spend your evening or overnight before heading back to Canouan.



## **TRAVEL**

Located 120 miles west of Barbados, the island of Canouan is accessible by plane. Canouan Island is accessible with a 40-min flight with regional SVG airlines (scheduled or chartered) from Barbados, St. Vincent, and Grenada. We would like to make the travelling to

Canouan as seamless as possible. Please reach out to us for booking your airfare and our experienced in House team will be happy to assist you with arranging your travel itinerary and even book the regional flights on your behalf. There is a mix of commercial and private flight as well as boat (from St. Vincent) options to get to Canouan.

#### AIR

SVG Air Bequia Air Mustique Airways As well as Private Charters to/from St. Vincent, Union, Bequia, Mustique

#### OCEAN

Ferry service to from/Canouan to St.Vincent Jaden Sun Fast Ferry Gem Star Bequia Express



#### TIPS WHEN TRAVELING

#### ARRIVAL THROUGH BARBADOS WITH SVG AIR

 Once you arrive at Barbados airport, as soon as you enter the airport building, kindly look for a Meet and Greet representative from our regional SVG airlines holding a sign with your name.
 They will take you to the transit area and expedite you through all formalities. The SVG airline's team will assist in transferring all of your bags from your arrival to your short flight to Canouan. If they have issues locating your bags, an airline representative will approach you and share an update.
 If you don't hear anything from them and still have your new luggage tags with you, your bags have been successfully transferred. No news is good news!

•Please remember that our regional airlines connecting the Grenadine islands do not have stationary representatives or desks at international airports, so they will bemoving from one station to another in preparation for your flight. Please wait patiently at your gate until they arrive and inform everyone it is time for boarding. Occasionally, due to the delays of other international flights and with the best intention not to leave anyone behind, flights to Canouan can be delayed up to 30-45 minutes.

Once in the air, get ready to enjoy some of the most scenic views of beautiful Grenadines.
 Before landing in Canouan, your plane might make short stops to some other islands - often in Bequia and Union islands. This will give you an unforgettable experience flying over these picturesque islands and their turquoise waters. Because here at Grenadines, we love to think that it's not only the destination - but the whole journey! That said, please listen to the pilot's announcement when you arrive in Canouan.

#### ARRIVAL THROUGH ST VINCENT WITH SVG AIR

Unfortunately, at this moment, our airline partners cannot provide regional flights on which you can connect straight from your international flight without overnighting. Every effort is made to make this option available for all of our guests in the future, but in the meantime, we will be happy to assist you with hotel recommendations and bookings for your short stay in St. Vincent.
 Please note that we will do our best to accommodate your early check-in at the House the next day you arrive on the morning flight.





#### CANOUAN

#### About Soho House & Co.

Founded in 1995 by Nick Jones, Soho House is a home for creative people to come together. Today there are members and Houses around the world, as well as restaurants, spas, workspaces, and cinemas.

Soho House is a platform that fosters creativity in all its forms; a place where people can share ideas and make connections in physical and digital spaces.

www.sohohouse.com