SOHO BEACH HOUSE CANOUAN Experience guide

Grand Bay, Canouan Island, St Vincent and the Grenadines, VC0450, Caribbean T: +1 784 530 7400, +1 407 232 7242

E: reception.canouan@sohohouse.com

Welcome

Set on a private island in St Vincent and the Grenadines, Soho Beach House Canouan is a sanctuary by the Caribbean Sea that's designed for unwinding. During your stay, dive into the clear-blue waters to explore the marine life, hike Mount Royal for views overlooking the nearby islands, or organise a private dining experience underneath the stars.





GUIDED ACTIVITIES

TOUR OF THE TOWN

Explore the town on a guided tour on foot or by bike, or let one of our team members take you on a drive around the town to see various scenic viewpoints while learning about the history of the island.

FOOD TOUR

Book a food tour with our team and let them show you all the spots loved by locals, serving dishes native to the nearby islands.

SNORKELLING OR PADDLEBOARDING

Head out into the waters on Grand Bay Beach and snorkel or paddleboard around the area, visiting sites like the Purini Wreck – a British ship that sank in 1918 and is home to tropical marine life.



MORNING MOUNT ROYAL HIKE

The highest point on the island is set 877 ft above sea level. Hike the trail for 20 to 30 minutes to reach the top of the mountain and soak in the views of Mustique, Mayreau, Tobago Cays, and the peaks of Grenada.

FITNESS CLASSES

Every week, there's a range of yoga, Pilates and bootcamp classes that take place inside the two-storey Soho Health Club and down on the shore.

COCONUT HUSKING

Native to the island, learn how to husk a coconut with only a stick and enjoy the water inside as a refreshment or mixed with spirits from the bar.





EXCURSIONS





BOAT HIRE

Book a yacht, catamaran or speedboat for a full or half-day exploration of the nearby islands – including the Tobago Cays, Northern Grenadines, Bequia or Mustique – to snorkel with turtles, explore the beaches or discover local markets and restaurants.

DINING EXPERIENCES

OMAKASE

Experience Japanese-inspired omakase dining in the terrace bar, with dishes curated by our chef and cooked on the grill.

JETTY DINNER

Enjoy a private dinner overlooking the Caribbean Sea on the Jetty and let our executive chef craft a menu specifically to your preferences.

LOVE SHACK

Make the most of the beachside setting and host a private barbecue with food and cocktails prepared by our chefs.





MIXOLOGY CLASS

Learn how to make your favourite cocktail, along with a selection of local specialities under the guidance of our mixologist.

SOHO SATURDAY

Every Saturday between 5pm and 7pm, join us to celebrate the weekend at the terrace bar where a selection of pizzas and House cocktails are served, accompanied by music from local DJs.

MAMA'S BRUNCH

On Sundays, members and guests are invited to join us for our buffet-style brunch – featuring a selection of pastries and tropical fruit, as well as hot dishes.





THE CANOUAN ESTATE

The House is part of the Canouan Estate, giving our guests access to a variety of activities outside of the premises.

TENNIS

Open from 9am to 6pm every day, play a friendly game on one of the three floodlit astro-turf courts, or book a private lesson with our seasonal coach.

GOLF

Overlooking the ocean from every angle, the 18-hole golf course offers views of the neighbouring islands and the Caribbean Sea.

WATERSPORTS

Equipment designed for exploring the clear Caribbean waters – such as paddle boards, catamarans, kayaks and snorkels – are available to borrow.

KIDS' CLUB

Open daily for children aged three years and above, the Canouan Kids' and Teens' Club offers a range of activities including cooking, and arts and crafts. Plus, there are two outdoor pools suited to toddlers and older children.



AROUND THE ISLAND

SOUL FOOD RESTAURANT & BAR

Located a short walk from the House, Soul Food Restaurant & Bar is open daily from 7am to 10pm and serves a selection of Caribbean-inspired, soul food dishes.

PIZZA TRAIN

Loved by locals, this laid-back pizzeria serves everything from classic Margheritas to seafood-topped pizzas inspired by the island.

CANOUAN LOCAL MARKET

Head into town to connect with the local community and shop fresh produce, seafood, spices, and handmade crafts from local vendors.





 \mathcal{N}



We have Soho Houses all over the world, from Miami and Mumbai to Berlin and Barcelona, plus a number of public restaurants, townhouses, screening rooms, retail offerings, and workspaces.

CONTACT US

Telephone: +1784 530 7400, +1 407 232 7242 Email: reception.canouan@sohohouse.com

sohohouse.com









