

# Soho Beach House Canouan, sample menu

## Dips (all served with crudites and flatbread)

Eggplant, pumpkin seeds  
Beetroot, hemp seeds  
Hummus, paprika

## Appetizers

Conch ceviche, lime, orange, chilli, cilantro, cassava chips  
Ahi tuna poke, avocado, cucumber, fresno, sushi rice, seaweed  
Calamari fritti, lemon, spicy mayonnaise  
TFC fried chicken or cauliflower (plant based), hot sauce

## Salads

Caesar, romaine lettuce, parmesan, croutons, white anchovy  
Quinoa, pumpkin, kale, pumpkin seeds, apricot, agave lime dressing (plant based)  
Beetroot, lettuce, orange sunflower seeds, aged balsamic (plant based)

## Wood fired pizza

Buffalo mozzarella, tomato, basil (vegetarian)  
Eggplant, tomato, mozzarella, mushroom, zucchini, artichoke  
Spicy salami, tomato, mozzarella, mushroom

## From the clay oven grill

Lamb chops  
Fish of the day  
Whole snapper  
Club ribeye steak  
Lobster  
Organic chicken breast  
choice of 2 sides: seasonal vegetable, mixed greens, coconut rice, house fries  
choice of 1 sauce: herb butter, basil pesto, lemon butter sauce, salsa verde, papaya BBQ sauce

## Entrees

Chicken curry, sweet potato, pumpkin, okra, coconut rice  
Rigatoni bolognese, parmesan  
Eggplant parmigiana, tomato, mozzarella, basil (vegetarian)  
Soho smash burger, cheddar cheese, mustard, local lettuce, tomato, pickles  
Dirty vegan burger, mustard, local lettuce, pickles (plant based)

## Sides

Mixed greens. Coconut rice. House fries. Sweet potato wedges

Please let us know if you have any allergies or dietary requirements, our dishes are made here and may contain trace ingredients.