

PASTRIES AND BAKED	each 4
Croissant pain au chocolat pain aux raisins crumpets	
Blueberry muffin banana bread	
BOWLS	
Fruit plate (pb)	10
5 seed porridge, banana, maple (pb)	10
Chia seed bowl, coconut, mango (pb)	9
Bircher muesli, fresh fruits (v)	9
COOKED	
Avocado on toast (pb)	add egg + 2 13
Eggs any style (v)	add bacon + 4 9
Bacon sandwich	9
Sausage & egg muffin	12
Smoked salmon, spinach & poached eggs	18
Kettner's beans on toast (pb)	11
Full English breakfast, eggs, sausage, bacon, black pudding, tomatoes, beans, hash browns, toast	16
Full plant-based breakfast, sausage, avocado, roast tomatoes, mushrooms, spinach, beans, hash browns (pb)	16
Buttermilk pancakes, sweet or savoury	14



Scan to view a menu

with calories

pb: plant based | v: vegetarian There is a discretionary 12.5 per cent service charge added to your bill. All above prices are inclusive of VAT. Adults need around 2000 kcal per day.

Please let us know if you have any allergies or dietary requirements, our dishes are made here and may contain trace ingredients



PRESS JUICE

Green, cucumber, apple, celery, spinach, romaine, kale, lemon Hard green, cucumber, lemon, celery, ginger, kale, romaine, spinach Ginger, apple, lemon, ginger Berry, strawberry, lemon, apple, mint Citrus, orange, lemon, tangerine, grapefruit, turmeric, cayenne, black pepper Carrot, orange, apple, ginger

SMOOTHIES

Organic Greens, kale, avocado, lime, ginger, pineapple, banana, spirulina, coconut water	9
Cacao & Banana, banana, cacao powder, dates, espresso	8
Mango & Turmeric, mango, pineapple, passion fruit, coconut, turmeric	8.5
Berry & Acai, banana, strawberry, cherry, blueberry, lime, acai, berry powder	8
FRESH JUICE	at 4
Orange Grapefruit Apple	
COFFEE by Grind, Shoreditch, London	

Cold Brew, black or oat milk	4
Filter for two	3.5 5
Cortado Flat White Cappuccino Macchiato	4

TEA at 4 English breakfast | Earl grey | Peppermint | Fresh mint | Chamomile Green | Matcha | Jasmine | Red berry & hibiscus | Rooibos

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